

Progress in Practice

Fruit in Schools

How the Fruit in Schools initiative in Yorkshire and Humber aims to support regional sustainable farming and food



Summary

The Yorkshire and Humber delivery plan for sustainable farming and food aims to improve health and well-being in the region and to maximise the use of local food in the public sector.

To help achieve these targets, the region's Public Health Group has commissioned a piece of work to explore the potential for local producers to supply fruit and vegetables to the region's schools, as part of the National School Fruit Scheme.

This project will include:

- looking at the experiences of schools involved in the National School Fruit Scheme pilots, in relation to local procurement
- identifying barriers to local procurement and the support needed to make it happen
- working with the Department of Health, the Regional 5 A DAY coordinator and the Regional Public Health Group.

This work will help ensure that in future the National School Fruit Scheme in Yorkshire and Humber supports regional production of fruit and vegetables.

Links and organisations involved: The Yorkshire and Humber Public Health Group sits within the Government Office for Yorkshire and Humber (www.goyh.gov.uk). The region's delivery plan for implementing Defra's Strategy for Sustainable Farming and Food can be found at www.goyh.gov.uk/frameworkforchange/default.htm, and Defra's strategy is at www.defra.gov.uk/farm/sustain/default.htm. More information about the National School Fruit Scheme can be found on the Department of Health's website (www.dh.gov.uk), in the 5 A DAY section.

Contact:

Graham Moore, Health Improvement Team Coordinator and **Rebecca Matthews**, Health Policy and Partnerships Manager, Public Health Group, Government Office for Yorkshire and Humber, City House, New Station Street, Leeds, LS1 4US, 0113 283 5278, graham.moore@doh.gsi.gov.uk, rebecca.matthews@doh.gsi.gov.uk